



## **Mental Health Matters on KBYU-TV Eleven**

*For Immediate Release*

**PROVO, UT., (Sept. 27, 2017)** – KBYU-TV Eleven will air 12 mental health related specials from October 8 to October 10 in support of World Mental Health Day, OCD Awareness Week and the launch of United Way of Utah County's EveryDay Strong educational campaign. Eleven has identified mental health as a significant issue in the community and hopes to address various concerns with this three day programming focus.

The interviews and documentaries scheduled for airing during this period will address a number of relevant mental health topics. These include PTSD, OCD, bipolar disorder, schizophrenia, depression and more. A full program schedule can be found here: <http://kbyutv.org/schedule/>. The community is also invited to view programming Eleven produced for their 2016 mental health initiative. "Ask Eleven: Mental Health", an hour long question and answer session with local health professionals, can be found on their YouTube channel (KBYUEleven).

During these broadcasts KBYU-TV Eleven hopes to raise awareness of other mental health resources available in the community, including the United Way of Utah County's EverDay Strong educational campaign. EveryDay Strong brings together local mental health experts and community partners to empower parents, teachers and other caring adults to competently assess and respond to mental and emotional concerns in our youth.

Interested persons are encouraged to learn more about mental health initiatives and resources by visiting the following websites: <https://www.unitedwayuc.org/everyday-strong>, [dsamh.utah.gov/mental-health](http://dsamh.utah.gov/mental-health), [mentalhealth.lds.org](http://mentalhealth.lds.org) and [namiut.org](http://namiut.org).

### **About KBYU-TV Eleven**

KBYU-TV Eleven is a viewer-supported public television service of BYU Broadcasting and Brigham Young University. Eleven broadcasts to the state of Utah and parts of Idaho, Wyoming and Montana. Thousands of viewers tune in each week for educational, entertaining and uplifting programs. Eleven is dedicated to serving the community through television programming and community service.

### **Contact**

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