

FOR IMMEDIATE RELEASE

**Contact: Daniel Hubbard
801.422.8450**

KBYU-TV, HELPING UTAHNS OVERCOME SUBSTANCE ABUSE

Please join KBYU-TV, Channel 11, at 8 p.m. on Monday, Jan. 26, 2009; Tuesday, Jan. 27; and Wednesday, Jan. 28, for special programming designed to help individuals and families in overcoming substance abuse.

Prescription medication overdoses kill more Utahns than automobile accidents and are one of the leading causes of death for Utah's 25- to 54-year-olds.

Learn more about preventing and overcoming abuse of both legal and illegal substances, including what local resources can help addicts take control of their lives and help families deal with the effects of addiction.

Representatives from several local organizations will be in the KBYU-TV studios to help their fellow Utahns, including the Edward G. Callister Foundation and BYU's College of Health and Human Performance. Experts from these and other organizations discuss the latest methods used in the fight against substance abuse.

A complete listing of programming available on KBYU-TV is available at:
<http://www.kbyutv.org> or by calling 1-800-298-5298.

Tune in, learn more, and help save a life!

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