

# Music Is a Must!

## Learning Triangle Activity Sheet



Make up a dance!

or

Play music and have the children move like “wild things.”  
What would a “rumpus” be like? As soon as the music stops,  
have them act like tired monsters and fall on the floor to relax.

Music can benefit your child in many ways. Children enjoy music that is familiar to them, so by playing their favorite songs again and again, they learn the words and build their vocabulary (even if they are too young to talk yet!). The rhythm of music helps them develop critical thinking skills and understand patterns. They stay active by singing and dancing, and music lets them have fun and be creative!